

# Kara LBF Thaw & Serve Malted Wheat Half Baguettes F00441



## Product Description

A fully baked malted wheat half baguette with 3 diagonal surface burst cuts on top.

## Storage/Handling/Baking Instructions

**Store Frozen at -18°C or below.**

**To defrost:** Keep frozen until use. To defrost: remove from case and leave in bag at room temperature for approximately 2 hours, or until fully defrosted. Once defrosted, store in a sealed pack in a cool, dry place away from direct sunlight. Once defrosted use within 2 days

**Once defrosted do not refreeze.**

**Best served:** This product can be eaten once defrosted. Alternatively pop in an oven at 200°C, Gas Mark 6 for a few minutes to warm through.

## Ingredient Declaration

Wheat Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Malted **Wheat** Flakes, Malted **Barley**, Salt, **Wheat** Bran, Yeast, **Wheat** Gluten, **Barley** Fibre, Emulsifier: E472(e), Flour Treatment Agent: E300.

## Nutritional Information

## Allergens

	Per 100g	Per serving (130g)
<b>Energy</b>		
	kJoules	1085
	kcal	249
<b>Total Fat (g)</b>	1.5	2.0
of which saturates (g)	0.2	0.3
of which mono-unsaturates (g)	0.4	0.5
of which polyunsaturates (g)	0.5	0.7
<b>Available Carbohydrate (g)</b>	50.6	65.8
of which sugars (g)	1.0	1.3
<b>Dietary Fibre (g)</b>	3.1	4.0
<b>Protein (g)</b>	8.3	10.8
<b>Salt (g)</b>	0.9	1.2
of which sodium (mg)	360	468

For allergens (including cereals containing gluten), see ingredients in **bold**. Also, may contain sesame.

## Suitable For

Vegetarians	✓	Halal	✗
Vegans	✓	Kosher	✗

**Product is free from:**

GM ingredients, Hydrogenated Fats

## Shelf Life

<b>Frozen Life of Product</b>	12 months
<b>Wrapped life once defrosted</b>	2 days

## Product Data

<b>Product Weight:</b>	130g +/- 5g	<b>Case Net Weight:</b>	5.2kg	<b>Case Dimensions</b>
<b>Product Dimensions:</b>	Length 275mm +/- 15mm	<b>Case Gross Weight:</b>	5.7kg	<b>Length:</b> 591mm
	Height 45mm +/- 5mm	<b>Declared Weight:</b>	5.0kg	<b>Depth:</b> 246mm
<b>No. in a Pack:</b>	N/A	<b>Cases per Layer:</b>	8	<b>Height:</b> 265mm
<b>Packs in a Case:</b>	40 units per box	<b>Cases per Pallet:</b>	48	<b>Pallet Height:</b> 1.752m
<b>Traceability Code:</b>	Best Before End DDMMYYYY Julien date code, FF (frozen), Time eg BBE 13JUN2020 L9164FF07:09			
<b>Barcode / EAN:</b>	05010066957847			

## Information Issued By

<b>Name:</b>	Katharine Gratton	<b>Position:</b>	Specifications Technologist
<b>Date Issued:</b>	22/08/25	<b>Issue No:</b>	11

**Kara**  
FOODSERVICE BAKERS

## Kara Customer Care

Park Seventeen, Moss Lane, Whitefield, Manchester, M45 8FJ, UK  
14 Allée Coysevox, CS 56939, 35069 Rennes Cedex, France  
Tel: +44 (0)161 3512399 / E-mail: [customercaregroup@karafs.co.uk](mailto:customercaregroup@karafs.co.uk)